



WORLE COMMUNITY SCHOOL

SEX AND RELATIONSHIP POLICY

OCTOBER 2015

It is the policy of Worle Community School to provide a programme of sex and relationship education which provides young people with the knowledge and values required to enable them to make informed decisions about their behaviour and relationships, based on care and respect for themselves and others. Within our work we seek to encourage lifelong learning about physical, moral and emotional development. Students should gain an understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

AIMS

- To provide knowledge of the physical and physiological facts of life, including puberty, conception, pregnancy and birth, and the transmission of Sexually Transmitted Diseases and HIV/AIDS;
- To help students understand how the physical and emotional changes of puberty affect their relationships with others and to teach about safer sex, evaluating the different methods of contraception;
- To educate against prejudice by considering the concept of sexual identity and allowing honest and objective discussions of a variety of sexual identities and behaviours, including homosexuality/lesbianism and bisexuality, as well as heterosexuality and celibacy;
- To help students clarify their values and make decisions about appropriate behaviour in personal and family relationships through discussion of moral and social attitudes to chastity before marriage, contraception and the abortion debate, teenage pregnancy and the expression of sexual identity;
- To ensure students know how to access appropriate services for help, support and guidance, such as the school based 'No Worries' service and other external agencies.

There are three main elements:

- attitudes and values:
 - learning the importance of values, individual conscience and moral considerations;
 - learning the value of family life, marriage, and stable and loving relationships for the nurture of children;
 - learning the value of respect, love and care;
 - exploring, considering and understanding moral dilemmas;
 - developing critical thinking as part of decision-making.



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- personal and social skills:
 - learning to manage emotions and relationships confidently and sensitively;
 - developing self-respect and empathy for others;
 - learning to make choices based on an understanding of difference and with an absence of prejudice;
 - developing an appreciation of the consequences of choices made;
 - managing conflict;
 - learning how to recognise and avoid exploitation and abuse.

- knowledge and understanding
 - learning and understanding physical development at appropriate stages;
 - understanding human sexuality, reproduction, sexual health, emotions and relationships;
 - learning about contraception and the range of local and national sexual health advice, contraception and support services;
 - learning the reasons for delaying sexual activity and the benefits to be gained from such delay;
 - the avoidance of unplanned pregnancy;
 - the avoidance and consequences of transmission of Sexually Acquired Infections.

Staff Responsible for this policy:
Assistant Headteacher (Inclusions).

Review Date: October 2017